

## **Keiser M3 Specs**

### **Technical Information:**

Height: 45" / 1143 mm  
Width: 26" / 660.4 mm  
Length: 49" / 1244.6 mm  
Weight: 85 lbs. / 38.56 kg

### **Features**

Adjustable Shimano Combo Pedals | Easy Transport | Gravity Based Water Bottle Holder | Dual Placement Comfort Handles | Four-Way Adjustable Seat Position (Up, Down, Forward, and Backward) | Adjustable Handlebar Height | Anti-Slip Belt (Requiring No Adjustment) | Non Wear Magnetic Resistance | Easy to Install | Infinite Resistance Adjustment | Smooth Resistance Shifter | Comfortable Saddle | Optional Computer System | Virtually Maintenance Free | Unprecedented Warranty | Whisper Quiet | Computer (Optional)

### **Computer Features**

RPM (Cadence) | Power Output Displays in Watts (currently generating) and Kilocalories (Total for the ride) | Heart Rate (Polar compatible) | Pedaling Time | Gear (Resistance) (1 to 24 gears) | Trip Distance